



Welcome to the RSST

Here is some important information that you may be interested in knowing as you are planning for the summer. Please be sure to check out the bulletin board in the hallway outside of the pool area once we get closer to meets for directions or in case any changes occur.

Early Bird Team Practice
April 30-May 11 (No practice May 4th)
 Monday – Friday
 3:30 – 4:30 p.m. for ages 8 and under and 11-12 year olds
 4:45 – 5:45 p.m. for ages 9-10 and 13-19 year olds

RSST Regular Practice
(when school is still in session)
May 14-22
 Monday – Friday
 3:30 – 4:30 p.m. for ages 8 and under and 11-12 year olds
 4:45 – 5:45 p.m. for ages 9-10 and 13-19 year olds

RSST Regular Practice
(when school is out)
May 23 through the remainder of the season
 Monday – Friday*
 6:00 – 8:00 a.m. for ages 13 and above
 8:00 – 9:00 a.m. for ages 8 and under
 9:00 – 10:00 a.m. for ages 9-10
 10:00 – 11:30 a.m. for ages 11-12 (Last 30 minutes is optional)
 and/or
 6:00 – 7:00 p.m. for all ages

*Once the meet schedule starts, there will only be morning practice and no evening practice on Wednesdays.

RSST Meet Schedule

| Date | Place | Time |
|--------------------|---------------------------------------------------------------------|-----------|
| Wednesday, May 30 | Rensselaer @ Lafayette CC | 5:30 p.m. |
| Saturday, June 2 | Rensselaer @Fountain | 8:30 a.m. |
| Wednesday, June 6 | Rensselaer @ Benton | 5:30 p.m. |
| Saturday, June 9 | Monticello @ Rensselaer (H) | 8:30 a.m. |
| Wednesday, June 13 | Attica @ Rensselaer (H) | 5:30 p.m. |
| Saturday, June 16 | Rensselaer @ McCutcheon | 8:30 a.m. |
| Wednesday, June 20 | Warren @ Rensselaer (H) | 5:30 p.m. |
| June 30 | PSSL Prelims/Finals Conference Meet @ Crawfordsville High School | TBA |

Other important dates to note:

- **Monday, July 2nd: Team Picnic and Awards at 5:30 p.m. at Brookside Park**
- **Team and individual pictures will be taken on May 23rd at 5:30**