

Rensselaer Summer Swim Team

Summer will be here soon. Make the Rensselaer Summer Swim Team a part of your summer plans! The RSST is a non-profit organization partially supported by the Rensselaer Park Board. It is for children **ages 5 through 19 (as of June 1, 2019)**.

2019 REGISTRATION NIGHT: THURSDAY, APRIL 4, 5:30 TO 6:30 pm in the Rensselaer High School Natatorium (pool room) Please come when your schedule allows to complete paperwork, pay fees for the 2018 season, sign-up for your volunteer shift, and meet our 2019 coaches & RSST Board Members. If you can't make it to our registration night, the permission and health form can be found on the back of this paper or our website, www.rsstswim.com. **Paperwork and fees are due Thursday, April 4, 2018.** They can also be mailed to RSST, P.O. Box 176, Rensselaer, IN 47978. Make checks payable to RSST.

*****Before your child can enter the water, the following must be completed:
Permission and Health Form turned in (one form required for each child)
Fees paid**

*****EARLY BIRD RSST TEAM PRACTICE**

Purpose: to become familiar with the swim team and get a head start on the season

Dates: Monday-Friday, April 29 – May 10, 2019

Times: 3:30 pm-4:30 pm for ages 8 and under and 11-12 year olds
4:45 pm-5:45 pm for ages 9-10 and 13-19 year olds

Cost: \$20.00 per child

Requirement: must be able to swim one length of the pool if between ages 5-8 and two lengths of the pool (25 yards on front and 25 yards on back) if 9 years and older

**PLEASE NOTE:* if you've never swam on the RSST before, you will need to pass a swim test conducted by the Head RSST Coach

Paperwork: Permission and Health Form

Fees & Paperwork DUE: Thursday, April 4, 2019

*****RENSELAER SUMMER SWIM TEAM REGULAR PRACTICE**

Dates: Monday-Friday, May 13 – May 22 (while RCSC is still in session)

Times: 3:30 pm-4:30 pm for ages 8 and under and 11-12 year olds
4:45 pm-5:45 pm for ages 9-10 and 13-19 year olds

Cost: \$50.00 per child (\$5 will go towards concession stand fees and \$5 of this fee will go toward pizza for the end of season picnic) If swimmer participated in Early Bird, cost will be \$30.

Requirement: must be able to swim one length of the pool if between ages 5-8 and two lengths of the pool (25 yards on front and 25 yards on back) if 9 years and older

Paperwork: Permission and Health Form

Fees & Paperwork DUE: Thursday, April 5

Summer Practice Schedule: **Beginning May 23** after school is out

- 6:00 – 8:00 a.m. – 13 and ups
- 8:00 – 9:00 a.m. – 8 and unders
- 9:00 – 10:00 a.m. – 9 & 10 year olds
- 10:00 – 11:30 a.m. – 11 & 12 year olds (Last 30 minutes is optional)
- 6:00 – 7:00 p.m. – all age groups

*Swimmers are not required to attend both the morning and evening practices; they can attend what works best for their family's schedule.

*Once Wednesday night meets begin on May 29, there will be no evening Wednesday practice, but there will still be morning Wednesday practice.

*Swimmers are required to attend at least 1 practice before each meet in order to be eligible to swim in a meet.

*If swimmers can't attend a meet, they or their parent/guardian **MUST** sign them out of that swim meet at least 24 hours, but preferably 48 hours, in advance. A sign-out binder will be made available on the table outside of the pool office.

- RSST meets are Wednesday nights at 5:30 pm and Saturday mornings at 8:30 am. The first meet is Wednesday, May 29. More information will follow.
- The PSSL Conference meet will be on Saturday, June 29, at Crawfordsville High School.
- Our team picnic and award night will be on Tuesday, July 3rd at 5:30 pm at Brookside Park.

As always, we are very excited about our upcoming season. **For more information**, contact one of the RSST Board Members:

Ava Kosiba: 219-863-5597
Jennifer Minter: 765-427-9063

Julie Koczan: 219-863-0889
Dave Leeper: 219-869-8696